

# THE BIG LIFE COURSE



## Code of Conduct

The purpose of this Code of Conduct is to provide subscribers of **The Big Life Course**, ("TBLC"), the rules, guidelines and ethical principles which need to be adhered to when attending TBLC events, as laid out in the Terms and Conditions.

"TBLC" means any and all products and services provided via TheBigLifeCourse.com and @TheBigLifeCourse.com email addresses, and persons.

All subscribers have a right to enjoy a space free of harassment and a space to feel safe.

### Harassment

There are many kinds of online harassment, from rude comments to invasive doxing, cyberstalking, threats of violence and so much more between this.

For the purpose of this Code of Conduct "harassment" includes, but is not limited to, the behaviour describes below:

- 1. Cyberstalking:** This can comprise a number of harassing behaviours committed repeatedly or with the regularity that usually causes the target to suffer humiliation, fear, anxiety and extreme emotional distress.
- 2. Doxing/Doxxing:** This involves publishing a target's sensitive personal information online in an attempt to harass, intimidate, extort, stalk or steal the identity of an individual. "Sensitive Information" can include identity numbers, social security numbers, national insurance numbers, full names, employment information, email addresses and the information of their family members.
- 3. Hacking:** The unauthorised intrusion into a device and/or network with the intent to attack, harm, incriminate another individual and/or entity by stealing their data, violation their privacy and/or infecting their device is malicious software.
- 4. Hateful Speech & Online Threats:** A form of expression attacking a specific aspect of an individual's identity, such as race, ethnicity, gender identity, religion, sexual orientation, or disability.

### The Big Life Course Limited

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5. **Message Bombing:** The intentional flooding of an individual and/or entity's mobile phone number and/or email inbox with messages.
6. **Non-consensual, intimate images, videos and/or messages:** The distribution of private, sexually explicit images, videos and/or messages without consent.
7. **Online impersonation:** Harassers create hoax social media accounts to usually post offensive/inflammatory statements and to extract sensitive information from individuals.
8. **Online Sexual Harassment:** A wide range of sexual misconduct on digital platforms and includes **7 non-consensual**, intimate images and videos. Can be derived from hateful speech and/on online threats.
9. **Trolling:** A broad term, but for the purpose of this Code of Conduct, it includes, but is not limited to the following:
  - a. **Concern Trolling:** Pose as fans or supporters with the intention of making harmful or demeaning comments marked as constructive feedback.
  - b. **Dogpiling:** A group of trolls who work together to overwhelm a target through a barrage of disingenuous questions, threats, slurs, insults, and various other tactics which are meant to shame, discredit, silence and/or drive an individual offline.
10. **False Reporting:** This is when a group member falsely reports another member for harassment.

## Reporting Harassment

If you are being harassed by a subscriber of TBLC, or notice that another individual is being harassed, or have any concerns, please contact a representative of TBLC immediately and email the Operation Team, [info@thebiglifecourse.com](mailto:info@thebiglifecourse.com), providing your contact details, details of the offender, the session you attended and exactly what has occurred.

## Consequences

If an attendee is found to be violating the Code of Conduct, TBLC reserves the right to report this to local authorities. All reports will be kept confidential, however, members may be made aware of a person who is violating the Code of Conduct in order to protect our subscribers. We will respect confidentiality requests in order to protect victims who have been violated. Individuals will be removed, blocked and have their membership cancelled immediately.